

COACHING DISCLAIMER:

Description of Coaching by the ICF: *Coaching is partnership (defined as an alliance, not a legal business partnership) between the Coach and the Client in a thought-provoking and creative process that inspires the client to maximize personal and professional potential. It is designed to facilitate the creation/development of personal, professional or business goals and to develop and carry out a strategy/plan for achieving those goals.*

In that spirit, by purchasing coaching services from Rosela Jaye Moseng, DBA RJM Insights LLC (Coach), you confirm that you have read and agree to each statement and that you wish to proceed:

- I understand that the coaching services I will be receiving from my Coach are not offered as a substitute for professional mental health care or medical care and are not intended to diagnose, treat or cure any mental health or medical conditions. I also understand that my Coach is not acting as a mental health counselor or a medical professional.
- I understand that coaching is, at present, an unregulated industry yet my Coach adheres to maintaining the ethics and standards of behavior established by the [International Coach Federation “\(ICF\)”](#). It is recommended that the Client review the ICF Code of Ethics and the applicable standards of behavior.
- I also understand that for all legal purposes, the services provided by my Coach will be considered to be provided in the country of the United States of America, where the business is based.
- I understand and agree that I am fully responsible for my well-being during my coaching sessions, and subsequently, including my choices and decisions.
- I understand that coaching is not a substitute for counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment, and I will not use it in place of any form of therapy. It is my exclusive responsibility to seek such independent professional guidance as needed. If I am currently under the care of a mental health professional, it is recommended that I promptly inform the mental health care provider of the nature and extent of the coaching relationship agreed upon by my Coach and me.
- I further acknowledge that my Coach may terminate or discontinue the coaching relationship at any time, by providing written notice.
- I understand that in order to enhance the coaching relationship, I agree to communicate honestly, be open to feedback and assistance and to create the time and energy to participate fully in the program.

- I understand that all comments and ideas offered by my Coach are solely for the purpose of aiding me in achieving my defined goals. I have the ability to give my informed consent, and hereby give such consent to my coach to assist me in achieving such goals.
- I understand that my Coach will protect my information as confidential unless I state otherwise in writing. If I report child, elder abuse or neglect or threaten to harm myself or someone else, I understand that necessary actions will be taken and my confidentiality agreement limited in this capacity. Furthermore, if my Coach is ordered by a court to provide information or to testify, she will do so to the extent the law requires.
- I understand that the use of technology is not always secure and I accept the risks of confidentiality in the use of email, text, phone, Zoom and other technology.
- I hereby release, waive, acquit and forever discharge my Coach, any agents, successors, assigns, personal representatives, executors, heirs and employees from every claim, suit action, demand or right to compensation for damages I may claim to have or that I may have arising out of acts or omissions by myself or by my Coach as a result of the advice given by my Coach or otherwise resulting from the coaching relationship contemplated by this agreement. I further declare and represent that no promise, inducement or agreement not expressed in this agreement has been made to me to sign this agreement. This agreement shall bind my heirs, executors, personal representatives, successors, assigns, and agents.